# Here for a healthier you

2025 open enrollment CalPERS











## For the moments that matter, UnitedHealthcare is here

The UnitedHealthcare SignatureValue Alliance HMO plan is designed to help simplify your health care experience, connect you to quality care and deliver lower costs. You'll also get access to tools, resources and services to help you take charge of your health and get more out of your plan.



#### Get answers to your health care questions

Navigating health care is easier when you know who to call. Your UnitedHealthcare Customer Service team is here to help you:

- Improve your health, manage a chronic condition and understand complex medical issues
- Understand how your health plan works
- Get answers about a recent claim or how much you can expect to pay
- Find a network provider, get a new health plan ID card or save on health care costs – and much more

Call Customer Service at **1-877-359-3714** for help with questions about your health plan and benefits.

### **Connect from anywhere**

With UnitedHealthcare, you get personalized digital tools that help you check in on your plan whenever you want – which makes it easier to stay on top of your benefit details.



#### myuhc.com

#### Your online hub for plan details

Built to help you manage your plan 24/7, **myuhc.com**® gives you access to all your plan info in 1 place, so you can:

- Find and price care
- · See what's covered
- · View claim details
- Check your plan balances
- Find network doctors



#### UnitedHealthcare app

#### Your app for on-the-go access

When your health plan's right at your fingertips, you can manage your benefits anytime, anywhere. Download the UnitedHealthcare® app to:

- Find nearby care options in your network
- See your claim details
- · View and share your health plan ID card
- Video chat with a doctor 24/7





# Signature Value Alliance HMO benefits at a glance



**Network coverage only** - You may save money when you receive care for covered benefits from network providers.



Primary care physician (PCP) required\*-

You and each covered family member on your plan will need to choose a PCP.



**Referrals required** - You'll need referrals from your PCP before seeing a specialist or getting certain health care services.



Pharmacy benefits administered by Optum Rx® - You'll be able to order up to a 3-month supply of medications you take regularly and have them delivered right to your home.



One-stop call resolution - You'll have access to a dedicated call center for answers to all of your questions about care, benefits and coverage, including referrals and claims.

# Stay supported with your PCP

Your PCP can help connect you to the care you need and help you avoid cost surprises. Your health plan option requires you to select a network PCP\*\* for you and each covered family member.

#### More reasons to have a PCP

- They know your health history and health goals
- They provide routine care, such as annual checkups, which may help identify potential health issues earlier
- They advise you when to see a specialist and provide referrals if needed\*\*\*



<sup>\*</sup>Laws in some states allow you to choose a specialist, like an OB/GYN as your PCP. Sign in to uhc.com/CalPERS to see the providers in your network.

<sup>\*\*</sup>Some health plans may allow you to choose a facility rather than a doctor as your PCP. Some states allow you to choose a specialist, like an OB/GYN, as your PCP.

<sup>\*\*\*</sup>Some health plans may require a referral prior to seeing another network physician or specialist.

# More benefits for all that life brings

UnitedHealthcare's digital tools and online resources help make managing your health—and health plan—simpler and more convenient. Here are just a few examples of what's included:



#### Want to lose weight?

#### **Real Appeal**

Connect with a community of support with Real Appeal®, an online weight-management program designed to inspire healthier behaviors. It includes group coaching sessions, 24/7 access to videos, tools to track your progress and more.



#### Ready to quit tobacco?

#### **Quit For Life**

If you're ready to quit tobacco, Quit For Life® can help. You'll get 1-on-1 support, a quit guide, access to a members-only website, help deciding if medication is right for you and, if you qualify, nicotine-replacement therapy.



#### **Looking for pregnancy support?**

#### **Maternity Support**

If you're thinking about having a baby, or already have one on the way, Maternity Support is here for you. Get access to resources and tools to help you throughout pregnancy and after delivery. To enroll, visit **myuhc.com**.



#### Want to feel better?

#### Acupuncture and chiropractic care

As part of your health plan benefits, you have direct access to more than 3,000 credentialed chiropractors and over 950 credentialed acupuncturists in California.



#### Want to get rewarded?

#### **UnitedHealthcare Rewards**

Complete activities, including daily well-being goals, to earn up to \$300 and build healthier habits along the way.



#### Need care on the go?

#### 24/7 Virtual Visits

With 24/7 Virtual Visits, you can chat with a health care provider by computer or mobile device.\* Doctors can diagnose and treat common, nonemergency conditions—from seasonal flu to pinkeye.



#### Want flexible fitness options?

#### **One Pass Select**

With One Pass Select®, we're on a mission to make fitness engaging. Find a routine that's right for you and choose a membership tier that fits your lifestyle.



#### **Looking for emotional support?**

#### **Behavioral Health**

Receive confidential support for everyday challenges or more serious issues. Find the care that works for you using self-service apps or scheduling virtual or in-person therapy.

# Review your plan coverage details

Once you've enrolled, your PCP will be your first source for care and can coordinate any specialty care you may need. Age-appropriate preventive care services are covered for routine wellness exams, well-child exams, mammograms, flu shots and other immunizations when provided through your PCP.

#### Health plan details

#### SignatureValue Alliance HMO

Deductible           Employee         N/A           Family         N/A           Out-of-pocket limit	Medical copays and coinsurance	You pay
Family N/A  Out-of-pocket limit  Employee \$1,500 Family \$3,000  Lifetime maximum Unlimited  Doctors and specialists  Doctor visit \$15 copay  Specialist visit \$15 copay  Chiropractic/acupuncture \$15 copay  24/7 Virtual Visits \$15 copay  Preventive care  Well-child visits No charge  Mammogram No charge  Immunizations No charge  Annual physical No charge  Urgent and emergency care  Urgent care visit \$15 copay  Emergency room \$50 copay  Ambulance Hospital care	Deductible	
Out-of-pocket limit         \$1,500           Employee         \$1,500           Family         \$3,000           Lifetime maximum         Unlimited           Doctors and specialists         Total copay           Doctor visit         \$15 copay           Specialist visit         \$15 copay           Chiropractic/acupuncture         \$15 copay           24/7 Virtual Visits         \$15 copay           Preventive care         No charge           Mammogram         No charge           Immunizations         No charge           Annual physical         No charge           Urgent and emergency care         \$15 copay           Urgent care visit         \$15 copay           Emergency room         \$50 copay           Ambulance         No charge           Hospital care	Employee	N/A
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Well-child visits  Mammogram  No charge  Immunizations  Annual physical  Urgent and emergency care  Urgent care visit  Emergency room  Ambulance  Hospital care	24/7 Virtual Visits	\$15 copay
Mammogram  Immunizations  Annual physical  Vigent and emergency care  Urgent care visit  Emergency room  Ambulance  Hospital care	Preventive care	
ImmunizationsNo chargeAnnual physicalNo chargeUrgent and emergency care	Well-child visits	No charge
Annual physical No charge  Urgent and emergency care  Urgent care visit \$15 copay  Emergency room \$50 copay  Ambulance No charge	Mammogram	No charge
Urgent and emergency care  Urgent care visit \$15 copay  Emergency room \$50 copay  Ambulance No charge  Hospital care	Immunizations	No charge
Urgent care visit \$15 copay  Emergency room \$50 copay  Ambulance No charge  Hospital care	Annual physical	No charge
Emergency room \$50 copay Ambulance No charge  Hospital care	Urgent and emergency care	
Ambulance No charge  Hospital care	Urgent care visit	\$15 copay
Hospital care	Emergency room	\$50 copay
	Ambulance	No charge
Outpatient surgery No charge	Hospital care	
	Outpatient surgery	No charge
Lab and X-ray No charge	Lab and X-ray	No charge
Hospital stay No charge	Hospital stay	No charge
Maternity stay No charge	Maternity stay	No charge
Mental health and substance use	Mental health and substance use	
Outpatient visits \$15 copay	Outpatient visits	\$15 copay
Inpatient visits No charge	Inpatient visits	No charge
Prescription drugs (offered through Optum Rx) You pay	Prescription drugs (offered through Optum Rx)	You pay
Retail pharmacy	Retail pharmacy	
Generic \$5	Generic	\$5
Brand formulary \$20	Brand formulary	\$20
Non-formulary \$50	Non-formulary	\$50
Mail-order pharmacy	Mail-order pharmacy	
Generic \$10	Generic	\$10



# Search the Alliance HMO network to find your PCP

The Alliance HMO plan requires you to select a PCP for you and each family member covered under your plan. Your PCP is your health guide – someone who can help connect you to the care you need and help you avoid cost surprises. Go to **uhc.com/ CalPERS** to browse network PCPs.

#### **Enjoy freedom of choice**

The medical groups in the Alliance HMO network have been selected for their technology and consistent level of quality care. Choose from 35,281 physicians and 258 hospitals.<sup>1</sup>

# $\textbf{Participating medical groups-Alliance}^*$

Group name	Group#
Alameda County	
Brown & Toland - East Bay Alliance	028466
Hill Physicians East Bay	028669
Palo Alto Medical Foundation	012140
Sutter East Bay Medical Foundation	030201
Contra Costa County	
Hill Physicians East Bay	028669
Sutter East Bay Diablo Division	030199
Fresno County	
Community Health Partners - PCP	033691
Santé Community Physicians	016405
Kern County	
Bakersfield Family Medical Center	007665
Kings County	
Santé Community Physicians	016406
Los Angeles County	
Altamed Los Angeles County IPA	028951
Altamed Medical Group	028928
Chaffey Medical Group	027892
High Desert Medical Group	003804
Korean American Medical Group	019863
Lakeside Med Group Central - Burbank/ North Hollywood	024664
Lakeside Medical Group Central - Central Valley	024670
Lakeside Medical Group Central - Glendale	024662
Lakeside Medical Group Central - North Valley	024671
Lakeside Medical Group Central - Santa Clarita	024677
Lakeside Medical Group Central - Verdugo Hills	024681
Lakeside Medical Group East - Glendora	024674
Lakeside Medical Group East - Pomona	024679
Lakeside Medical Group East - San Gabriel Valley	024686
Lakeside Medical Group East-West Covina	024675
Lakeside Medical Group West - Agoura Hills	024672
Lakeside Medical Group West-Tarzana	024684
Lakeside Medical Group West - West Hills - Canoga	024683

Group name	Group #
Los Angeles County (cont.)	
Optum - Bixby Knolls	028435
Optum - Canyon Country - Valencia	028414
Optum - Compton/Downey/Long Beach Plaza	028463
Optum-Long Beach	028455
Optum - Long Beach/North Orange County	028459
Optum - Los Angeles - San Gabriel	028391
Optum - Magan Medical Clinic	028445
Optum - Mission Hills/Northridge/West Hills	028440
Optum - North Hollywood/Van Nuys/Vanowen	028442
Optum - San Gabriel	028764
Optum-South Bay	028403
Optum Care Network - Arcadia	028404
Optum Care Network - Burbank/Glendale	028401
Optum Care Network - Citrus	028428
Optum Care Network - East LA	028399
Optum Care Network - East West	028411
Optum Care Network - Glendale/Verdugo	028437
Optum Care Network - Huntington Memorial	028434
Optum Care Network - LA County	028393
Optum Care Network - Little Company of Mary	028436
Optum Care Network - Long Beach	028454
Optum Care Network - Methodist	028451
Optum Care Network - Montebello	028388
Optum Care Network - Northridge	028416
Optum Care Network - Pasadena	028410
Optum Care Network - San Dimas	028419
Optum Care Network - San Fernando Valley	028423
Optum Care Network - San Fernando Valley West	028460
Optum Care Network - San Gabriel (SGV)	028422
Optum Care Network - South Bay	028417
Optum Care Network AppleCare Select	025327
Optum Care Network Monarch	021963
Regal Medical Group - Caduceus	019793

# $\boldsymbol{Participating\ medical\ groups}^* ( \boldsymbol{\mathsf{continued}} )$

Group name	Group #
Los Angeles County (cont.)	
Regal Medical Group - Downey	017547
Regal Medical Group - Downtown Los Angeles Region	014163
Regal Medical Group - East San Gabriel	017555
Regal Medical Group - Glendale Physicians Alliance	023187
Regal Medical Group - Greater Covina	017778
Regal Medical Group - Long Beach	017552
Regal Medical Group - San Gabriel Region	014888
Regal Medical Group - St. Francis	017551
Regal Medical Group - West Valley	017554
Regal Medical Group - Whittier	017550
Regal Medical Group Burbank-Glendale	017556
Seoul Medical Group	019881
Sierra IPA	023025
Sierra Medical Group - Santa Clarita	029357
Sierra Medical Group Clinic	023023
Torrance Memorial IPA	026488
Madera County	
Santé Community Physicians	016405
Marin County	
Brown & Toland Medical Group	026920
Merced County	
Sutter Gould Los Banos	029365
Orange County	
ADOC - Fountain Valley Division	025400
ADOC- Los Alamitos Division	025401
Altamed Orange County IPA	029116
Edinger Medical Group	026621
Greater Newport - Memorial Care	026695
MemorialCare Medical Group	025679
Optum - Orange County	028427
Optum Care Network - Arta Health	029878
Optum Care Network - South Coast	028461
Optum Care Network Monarch	021963
Regal Medical Group Orange County	018831

Group name	Group#
Placer County	
Sutter Independent Physicians	005204
Sutter Medical Group Sacramento/Placer	005200
Riverside County	
Desert Oasis Healthcare	021796
Optum - Beaver Medical Group	027825
Optum - California Oaks	026432
Optum Care Network - Citrus Valley	021243
Optum Care Network - Corona	005232
Optum Care Network - Desert Cities	018657
Optum Care Network - Hemet Valley	009023
Optum Care Network - Moreno Valley	003111
Optum Care Network - Riverside	008331
Optum Care Network - Southwestern Valleys	006657
Optum Care Network-Sun City	004140
Promisecare - FSMG (Family Seniors Med Grp)	014899
Promisecare - HCMG (Hemet Com Med Grp)	014586
Promisecare - MVCMG (Menifee Valley Com Med Grp)	015031
Promisecare - TVPMG (Temecula Valley Phy Med Grp)	021941
Redlands-Yucaipa Medical Group	027828
Regal Medical Group - Riverside	021553
Regal Medical Group - Temecula	020950
Sacramento County	
Sutter Independent Physicians	005204
Sutter Medical Group Sacramento/Placer	005200
San Bernardino County	
Alliance Desert Physicians	024628
Chaffey Medical Group	027892
Fenix Medical Group	029490
Lakeside Medical Group East - Pomona	024679
Optum - Beaver Medical Group	027825
Optum Care Network-Inland Valley	006045
Optum Care Network - Redlands	001026
Optum Care Network-San Bernardino	019383
Optum - Pinnacle Medical Group	027850
Redlands-Yucaipa Medical Group	027828
Regal Medical Group APSI	020670
Regal Medical Group Chino Valley	017553

# $Participating\ medical\ groups^* \ {\it (continued)}$

Group name	Group #
San Bernardino County (cont.)	
Regal Medical Group San Bernardino	020668
Sierra Medical Group - Santa Clarita	029357
VVIPA Medical Group	028857
San Diego County	
Greater Tri-Cities IPA Medical Group	014889
Mercy xp - Scripps Care	026282
Optum Care Network - N County SD Alliance	026443
Rady Children's Health Network	028561
Scripps Clinic	003682
Scripps Coastal Mc	023659
Scripps Physicians Medical Group	005375
San Francisco County	
Brown & Toland Medical Group	026920
Sutter Pacific Med Foundation Sutter West Bay Med Grp	032247
San Joaquin County	
Sutter Gould Medical Foundation - Lodi	029361
Sutter Gould Medical Foundation - San Joaquin	029356
Sutter Gould Medical Foundation - Tracy	029364
San Luis Obispo County	
Coastal Communities Physician Network	028856
San Mateo County	
Brown & Toland Medical Group	028087
Palo Alto Medical Foundation Camino	023856
Palo Alto Mills Peninsula Division	024896
PAMF Mills Peninsula	025525
Santa Clara County	
El Camino Health Network (formerly Silicon Valley Dev)	031727
Palo Alto Medical Foundation	012140
Palo Alto Medical Foundation Camino	023856
Santa Cruz County	
Palo Alto Medical Foundation Santa Cruz	023859
Solano County	
Sutter Medical Group Solano	024365
Sonoma County	
Sutter Medical Group Of The Redwoods	030218

Group name	Group #
Stanislaus County	
Sutter Gould Medical Foundation	029350
Sutter Gould Medical Foundation Turlock	029358
Ventura County	
Lakeside Medical Group West-Agoura Hills	024672
Lakeside Medical Group West-Simi Valley	024682
Lakeside Medical Group West-Thousand Oaks	024678
Regal Medical Group - Ventura County	021557
Yolo County	
Sutter Medical Group Yolo	009695



# Here's the fine print

#### We do not treat members differently because of sex, age, race, color, disability or national origin.

If you think you weren't treated fairly because of your sex, age, race, color, disability or national origin, you can send a complaint to the Civil Rights Coordinator:

Mail: UnitedHealthcare Civil Rights Grievance

P.O. Box 30608

Salt Lake City, UT 84130

Online: UHC\_Civil\_Rights@uhc.com

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again. If you need help with your complaint, please call the toll-free member phone number listed on your ID card.

You can also file a complaint with the U.S. Dept. of Health and Human Services:

Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Phone: Toll-free 1-800-368-1019, 1-800-537-7697 (TDD)

Mail: U.S. Dept. of Health and Human Services 200 Independence Avenue SW, Room 509F

**HHH Building** 

Washington, DC 20201

We provide free services to help you communicate with us such as letters in other languages or large print. You can also ask for an interpreter. To ask for help, please call the toll-free member phone number listed on your health plan ID card.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call the toll-free phone number listed on your identification card.

ATENCIÓN: Si habla español (**Spanish**), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。

XIN LƯU Ý: Nếu quý vị nói tiếng Việt (**Vietnamese**), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi số điện thoại miễn phí ở mặt sau thẻ hội viên của quý vị.

알림: 한국어(**Korean**)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. 귀하의 신분증 카드에 기재된 무료 회원 전화번호로 문의하십시오.

PAALALA: Kung nagsasalita ka ng Tagalog (**Tagalog**), may makukuha kang mga libreng serbisyo ng tulong sa wika. Pakitawagan ang toll-free na numero ng telepono na nasa iyong identification card.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является русским (**Russian**). Позвоните по бесплатному номеру телефона, указанному на вашей идентификационной карте.

ةي غللا قدع اسمل تامدخ ن إف ،(Arabic) قيبر على الشدحت تنك اذا : ويبنت قول على الله على الله عن الله ع

ATANSYON: Si w pale Kreyòl ayisyen (**Haitian Creole**), ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nimewo gratis ki sou kat idantifikasyon w.

ATTENTION: Si vous parlez français (**French**), des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le numéro de téléphone gratuit figurant sur votre carte d'identification.

UWAGA: Jeżeli mówisz po polsku (**Polish**), udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod bezpłatny numer telefonu podany na karcie identyfikacyjnej.

ATENÇÃO: Se você fala português (**Portuguese**), contate o serviço de assistência de idiomas gratuito. Ligue gratuitamente para o número encontrado no seu cartão de identificação.

ACHTUNG: Falls Sie Deutsch (**German**) sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Bitte rufen Sie die gebührenfreie Rufnummer auf der Rückseite Ihres Mitgliedsausweises an.

توجه: اگر زبان شما فارسی (Farsi) است، خدمات امداد زبانی به طور رایگان در اختیار شما می باشد. لطفا با شماره تلفن رایگانی که روی کارت شناسایی شما قید شده تماس بگیرید.

ध्यान दें: यदि आप हिंदी (Hindi) बोलते है, आपको भाषा सहायता सेबाएं, नि:शुल्क उपलब्ध हैं। कृपया अपने पहचान पत्र पर सूचीबद्ध टोल-फरी फोन नंबर पर कॉल करें।

DÍÍ BAA'ÁKONÍNÍZIN: Diné (**Navajo**) bizaad bee yániłti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shǫǫdí ninaaltsoos nitl'izí bee nééhozinígíí bine'dę́ę́' t'áá jíík'ehgo béésh bee hane'í biká'ígíí bee hodíilnih.

### **Disclaimers**

#### 1 Network counts accurate as of April 2024

Real Appeal® is a voluntary weight management program that is offered to eligible members at no additional cost as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Results, if any, may vary. Any items/tools that are provided may be taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program.

The information provided under Maternity Support is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. If you believe you may have an emergency medical condition you should seek immediate care at an emergency department or call 9-1-1. Employers are responsible for ensuring that any wellness programs they offer to their employees comply with applicable state and/or federal law, including, but not limited to, GINA, ADA and HIPAA wellness regulations, which in many circumstances contain maximum incentive threshold limits for all wellness programs combined that are generally limited to 30 percent of the cost of self-only coverage of the lowest-cost plan, as well as obligations for employers to provide certain notices to their employees. Employers should discuss these issues with their own legal

UnitedHealthcare Rewards is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. Receiving an activity tracker, certain credits and/or rewards and/or purchasing an activity tracker with earnings may have tax implications. You should consult with an appropriate tax professional to determine if you have any tax obligations under this program, as applicable. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be usspended and/or terminated from the program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-866-230-2505 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Components subject to change. This program is not available for fully insured members in Hawaii, Vermont and Puerto Rico.

One Pass Select is a voluntary program. For fully insured participants (not available in HI, KS, VT and Puerto Rico), it features a subscription based nationwide gym network and digital fitness. For self-funded participants nationally, it features a subscription based nationwide gym network, digital fitness and grocery delivery service. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. Purchasing discounted gym and fitness studio memberships, digital fitness or grocery services may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships or services under this program, as applicable. One Pass Select is a program offered by Optum. Subscription costs are payable to Optum.

The Quit For Life® program provides information regarding tobacco cessation methods and related well-being support. Any health information provided by you is kept confidential in accordance with the law. The Quit For Life program does not provide clinical treatment or medical services and should not be considered a substitute for your doctor's care. Please discuss with your doctor how the information provided is right for you. Participation in this program is voluntary. If you have specific health care needs or questions, consult an appropriate health care professional. This service should not be used for emergency or urgent care needs.

In an emergency, call 911 or go to the nearest emergency room.

24/7 Virtual Visits is a service available with a Designated Virtual Network Provider via video, or audio-only where permitted under state law. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. 24/7 Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

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Laws in some states allow you to choose a specialist, like an OB/GYN, as your PCP. Sign in to uhc.com/CaIPERS to see the providers in your network.

Health plan coverage provided by or through United Healthcare Insurance Company, UHC of California and UnitedHealthcare Benefits Plan of California. Administrative services provided by United Healthcare Services, Inc., Optum Rx or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC).

# Choose your care for the days ahead



#### Review your option(s)

Now that you've had some time to review all the details, you're ready to enroll in the plan that fits you best.



#### Get ready for coverage to begin

While waiting for your plan's start date, you can search the network for providers near you at uhc.com/CalPERS.



#### Say hello to your benefits

Watch the mail for your welcome kit and health plan ID card – then go to **myuhc.com** and download the UnitedHealthcare app to stay connected.



#### A simpler way to get the most out of your benefits

Throughout the plan year, you can sign in to **myuhc.com** and use the UnitedHealthcare app to see what's covered, view average costs, find network providers and more.

#### We're here to help

Learn more about your benefit option(s) or reach out with any questions.

uhc.com/CalPERS 1-877-359-3714, TTY 711

